

Community Connectors

Do you know someone?

- Who needs advice or information?
- Who is isolated from their community or family?
- Someone who doesn't have a lot of confidence?
- Someone who appears lonely?

Community Connectors can:

- Provide information, advice and assistance
- Help people remain as independent as possible
- Help people improve their sense of wellbeing
- Help people to feel less lonely
- Help people feel part of their community



Community Connectors

can also work within communities to offer advice and guidance to local people about how they can use their own strengths, skills and experiences to help others.

We have a wealth of knowledge, experience and information, and if we can't help you, we will know someone who can.

To talk to someone about the Community Connector Service you can contact us by:

tel: **0808 100 2500** email: **asdit@caerphilly.gov.uk**

www.caerphilly.gov.uk/communityconnectors

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