

# Sport Caerphilly - Club Directory

## Aquatics

Caerphilly County Swim Squad  
01443 810738/07908 114 787  
[boyles211@aol.com](mailto:boyles211@aol.com)

Heolddu Leisure Centre  
01443 828950  
[lcheol@caerphilly.gov.uk](mailto:lcheol@caerphilly.gov.uk)

Cefn Forest leisure Centre  
01443 830567  
[lccefn@caerphilly.gov.uk](mailto:lccefn@caerphilly.gov.uk)

Newbridge Leisure Centre  
01495 248100  
[lnewb@caerphilly.gov.uk](mailto:lnewb@caerphilly.gov.uk)

Risca Leisure centre  
01633 600940  
[lcrisca@caerphilly.gov.uk](mailto:lcrisca@caerphilly.gov.uk)

Caerphilly Leisure Centre  
02920 851845  
[lccaer@caerphilly.gov.uk](mailto:lccaer@caerphilly.gov.uk)

Bedwas Leisure Centre  
02920 852538  
[lcbedwas@caerphilly.gov.uk](mailto:lcbedwas@caerphilly.gov.uk)

Dragons Disability Swimming Club  
01443 207654  
[carolannerobers@hotmail.com](mailto:carolannerobers@hotmail.com)

## Athletics

Rhymney Athletics Club  
Bargoed Athletics Track  
07582811571

Islwyn Running Club  
Pontllanfraith Leisure Centre  
01495 245430

## Cricket

Abercarn Cricket Club  
Jeremy Parsons  
07775037564

Blackwood Cricket Club  
Eric Rearden  
[esreardon35@aol.com](mailto:esreardon35@aol.com)

Cefn Forest Cricket Club  
Dean Butler  
[deanbutler@talktalk.net](mailto:deanbutler@talktalk.net)

Cross Keys Cricket Club  
Dhruv Bhatt  
[dhruvbhatt@gmail.com](mailto:dhruvbhatt@gmail.com)

Machen Cricket Club  
Simon Keane  
[Simon.Keane@spts.com](mailto:Simon.Keane@spts.com)

Maesycwmmmer Cricket Club  
Ken Hudson  
[hudson768@btinternet.com](mailto:hudson768@btinternet.com)

Newbridge Cricket Club  
Jon Wellington  
[jwellington@watkinsandgunn.co.uk](mailto:jwellington@watkinsandgunn.co.uk)

Pontymister Cricket Club  
Alan Hughes  
01633 612197

## **Dance**

Devhans School of Ballet  
Llanbradach  
07814 551123  
[devhan\\_cooper@hotmail.co.uk](mailto:devhan_cooper@hotmail.co.uk)

Machen Academy of Dance & Drama  
Machen  
01633 440506  
[gomadd@btinternet.com](mailto:gomadd@btinternet.com)

LJC Academy of Dance and Drama  
Caerphilly  
02920 851143

South Wales Modern Jive  
Abertridwr  
07977 901562  
[southwalesmodernjive@yahoo.co.uk](mailto:southwalesmodernjive@yahoo.co.uk)

Creazione Dance Company  
Caerphilly  
07786315203  
[creazionedanceco@yahoo.co.uk](mailto:creazionedanceco@yahoo.co.uk)

Windsor School of Dance  
Bedwas  
07837 207373 or 07817 820161  
[enquiries@windsordanceschool.com](mailto:enquiries@windsordanceschool.com)

New Cottage Dance School  
Ystrad Mynach  
01443 815909/815700

Rhian's Dancers  
Cascade  
01495 360124 or 07890721242  
[rhian0011@hotmail.co.uk](mailto:rhian0011@hotmail.co.uk)

Diva Sport  
Pengam  
07815 610783  
[admin@divasport.co.uk](mailto:admin@divasport.co.uk)

Ty Dawns Coed Duon  
Blackwood  
01495 239196

T & T Dancers  
Caerphilly  
07813 027977

Jackie Morgan's School of Dance  
Cwmcarn  
07540768534

### **Disability Sport Clubs**

Risca Stingrays Swimming Club  
01633 600940

Dragons Swimming Club  
Caerphilly Leisure Centre.  
01443 207654

The Penguins Swimming Club  
Bedwas Leisure Centre.  
02920 852538

The Otters Swimming Club  
Newbridge Leisure Centre.  
01495 248100

Caerphilly Children's Day Centre Swimming Lessons  
02920 867447

Risca Gymnastics  
07860849515

Caerphilly Wheelchair Basketball Club  
07792 759899

Caerphilly Trampoline Club  
02920 851845

Trinity Fields Trampoline Group  
01443 814447

Caerphilly Judo Club  
07737 183081

Caerphilly Karate Club  
07522591530

Pengum & Blackwood Netball Club  
01443 813217

Virginia Park Golf Club  
07969491922

Pont Dragons Football Club  
07506278815

Cwmcarn Angling Club  
07854 622301

Risca Multisports Club  
01443 864482

Rhymney Multisports Club  
01443 864482

Heolddu Multisports Club  
01443 410819

Islwyn Bowls Centre  
01495 221321

## **Football**

Aber Valley Mini FC

[Jamesmclaren1953@hotmail.co.uk](mailto:Jamesmclaren1953@hotmail.co.uk)

Bargoed YMCA Junior

[bargoedymca@caerphilly.gov.uk](mailto:bargoedymca@caerphilly.gov.uk)

BTM United junior F.C

[nicpauljohns@btinternet.com](mailto:nicpauljohns@btinternet.com)

Caerphilly Machen Devils

[mags.icl@btinternet.com](mailto:mags.icl@btinternet.com)

Cascade junior F.C

[leannem7@me.com](mailto:leannem7@me.com)

Cascade YC

[alli-brown@live.co.uk](mailto:alli-brown@live.co.uk)

Cwrt Rawlin junior F.C

[cwrt\\_rawlin\\_fc\\_secretary@yahoo.co.uk](mailto:cwrt_rawlin_fc_secretary@yahoo.co.uk)

Llanbradach junior F.C

[llanbradachfc@hotmail.co.uk](mailto:llanbradachfc@hotmail.co.uk)

Penrhos

[rslea@hotmail.co.uk](mailto:rslea@hotmail.co.uk)

02920 866136

Pontlottyn All Stars

[m242ptf@aol.com](mailto:m242ptf@aol.com)

TYB United junior F.C

[tybunited@gmail.com](mailto:tybunited@gmail.com)

Aberbargoed Junior Academy

[Dave.Griffiths@Caterlauren.com](mailto:Dave.Griffiths@Caterlauren.com)

Abercarn United

[Case.S@sky.com](mailto:Case.S@sky.com)

Abertillery Bluebirds

[abyfc@fsmail.net](mailto:abyfc@fsmail.net)

Abertillery Colts

[RichieCatlin1@aol.com](mailto:RichieCatlin1@aol.com)

Beaufort Colts

[Andrew.kale@virgin.net](mailto:Andrew.kale@virgin.net)

Blackwood Town  
[ipowell20@talktalk.net](mailto:ipowell20@talktalk.net)

Brynmawr Town JFC  
[Jakecarey@btinternet.com](mailto:Jakecarey@btinternet.com)

Cefn Forest  
[Merylkibble@gmail.com](mailto:Merylkibble@gmail.com)

Coed Duon Dragons  
[coedduondragons@yahoo.co.uk](mailto:coedduondragons@yahoo.co.uk)

Crumlin Juniors  
[catley@talktalk.net](mailto:catley@talktalk.net)

Crusaders AFC  
[K68eagles@aol.com](mailto:K68eagles@aol.com)

Cwm Welfare  
[caz247caz@aol.com](mailto:caz247caz@aol.com)

Cwmcarn Athletic  
[Jason.howells@baesystems.com](mailto:Jason.howells@baesystems.com)

Fleur de Lys AFC  
[Jackiesimms@live.co.uk](mailto:Jackiesimms@live.co.uk)

Fleur de Lys Welfare  
[gifster@hotmail.co.uk](mailto:gifster@hotmail.co.uk)

Jubilee Juniors  
[jubileeyouthafc@yahoo.co.uk](mailto:jubileeyouthafc@yahoo.co.uk)

Llanhilleth JFR  
[simon@swanems.co.uk](mailto:simon@swanems.co.uk)

Markham Miners Welfare  
[tanakaccfc@gmail.com](mailto:tanakaccfc@gmail.com)

Pengam Boys & Girls Club  
[dai.welsh@gmail.com](mailto:dai.welsh@gmail.com)

Pontymister  
[matthewfriend101@aol.com](mailto:matthewfriend101@aol.com)

Rhymney Junior FC  
[ckjrichards@aol.com](mailto:ckjrichards@aol.com)

RTB Ebbw Vale

[racheirtb@hotmail.co.uk](mailto:racheirtb@hotmail.co.uk)

Tredegar Town Juniors  
[s.eprice@btinternet.com](mailto:s.eprice@btinternet.com)  
Treowen Stars  
[debra.reader@uwclub.net](mailto:debra.reader@uwclub.net)

Waunllwyd JFC  
[robclairey@talktalk.net](mailto:robclairey@talktalk.net)

Abertysswg Aces (Girls Club)  
[m.harrison404@btinternet.com](mailto:m.harrison404@btinternet.com)

Coed Duon Dragons (Girls Club)  
[shaun.kalies@weholite.co.uk](mailto:shaun.kalies@weholite.co.uk)

Cascade Girls  
[alli-brown@live.co.uk](mailto:alli-brown@live.co.uk)

## **Golf**

Bargoed Golf Club  
01443 830143  
[bargoedgc@tiscali.co.uk](mailto:bargoedgc@tiscali.co.uk)  
[www.bargoedgolfclub.co.uk](http://www.bargoedgolfclub.co.uk)

Blackwood Golf Club  
01495 223152  
[www.blackwoodgolf.co.uk](http://www.blackwoodgolf.co.uk)

Bryn Meadows Golf, Hotel and Spa  
Maesycwmmmer  
01495 225590  
[reception@brynmeadows.co.uk](mailto:reception@brynmeadows.co.uk)  
[www.brynmeadows.co.uk](http://www.brynmeadows.co.uk)

Caerphilly Golf Club  
02920 869104  
[secretary@caerphillygolfclub.com](mailto:secretary@caerphillygolfclub.com)  
[www.caerphillygolfclub.com](http://www.caerphillygolfclub.com)

Ridgeway Golf Club  
Caerphilly  
02920 882255  
[www.ridgewaygolfclub.com](http://www.ridgewaygolfclub.com)

Tredegar and Rhymney Golf Club  
01685 840743

[tandrgc@gmail.com](mailto:tandrgc@gmail.com)  
[www.tredegarandrhydneygolfclub.co.uk](http://www.tredegarandrhydneygolfclub.co.uk)

Virginia Park Golf Club  
Caerphilly  
02920 849111  
[enquiries@virginiaparkgolfclub.co.uk](mailto:enquiries@virginiaparkgolfclub.co.uk)  
[www.virginiaparkgolfclub.co.uk](http://www.virginiaparkgolfclub.co.uk)

## **Gymnastics**

Caerphilly Dragonflies  
Julie Proctor  
07910 852405

Heolddu Girls Gym Club  
Sharon Clarke  
07538 100336  
[shazza1178@hotmail.com](mailto:shazza1178@hotmail.com)

Islwyn Gymnastics Club  
Jeff Greenhouse  
01443 832805  
[greenhouse.fam@btinternet.com](mailto:greenhouse.fam@btinternet.com)

Cwmcarn Gymnastics Club  
Mary Penny (MBE)  
01495 270140

Bedwas Gymnastics Club  
Rebecca James  
07792 897996  
[bedwasgymnastics@hotmail.co.uk](mailto:bedwasgymnastics@hotmail.co.uk)

VGA Gymnastics Club  
Crumlin  
Melissa Anderson  
01495 248070  
[manderson@uwic.ac.uk](mailto:manderson@uwic.ac.uk)  
[www.valleysgymnasticsacademy.co.uk](http://www.valleysgymnasticsacademy.co.uk)

Risca Gymnastics  
Matthew Taylor  
01633 600940  
[lcrisca@caerphilly.gov.uk](mailto:lcrisca@caerphilly.gov.uk)

## **Hockey**

Risca Hockey Club



01495 272722 / 07932 534253  
[riscadragons@gmail.com](mailto:riscadragons@gmail.com)

Sue Noake Hockey Club  
07973 463966  
[jopowell85@hotmail.co.uk](mailto:jopowell85@hotmail.co.uk)

### **Netball**

Newbridge Netball Club  
Nicola Elias  
01495 310968/07811 082451  
[nickyelias2000@aol.com](mailto:nickyelias2000@aol.com)

Ystrad Mynach Netball Club  
Jennifer Evans  
07582 902458  
[jennygumf@hotmail.com](mailto:jennygumf@hotmail.com)

Heolddu Netball Club  
Melanie Owen  
07931 512633  
[melmickleburgh@hotmail.com](mailto:melmickleburgh@hotmail.com)

Caerphilly Netball Club  
Karen Williams  
02920 832048  
[akssc5williams@aol.com](mailto:akssc5williams@aol.com)

Abertysswg Angels  
Alan Abbot  
07939 909706

Pengam Netball Club  
Nicola Gameson  
01495 227820  
[postmaster@jemmacasey.plus.com](mailto:postmaster@jemmacasey.plus.com)

Aber Valley YMCA  
Pat Evans  
02920 830732  
[patevans1000@hotmail.com](mailto:patevans1000@hotmail.com)

Caerphilly Ladies  
Mary Wilcox 01633 440119  
[wilcox279@btinternet.com](mailto:wilcox279@btinternet.com)

Blackwood Netball Club

Jessica Hayward  
[jessyem69@hotmail.com](mailto:jessyem69@hotmail.com)

Cascade Warriors  
07949899864  
[suzanne496@btinternet.com](mailto:suzanne496@btinternet.com)

Cwmcarn Netball Club  
Laura Williams  
07805070895  
[willil17@caerphilly.gov.uk](mailto:willil17@caerphilly.gov.uk)

Gilfach Netball  
Kirsty McColl  
07835367060  
[k.mccoll89@hotmail.co.uk](mailto:k.mccoll89@hotmail.co.uk)

Rhymney Ladies  
01658 840262  
[donwlla270963@aol.com](mailto:donwlla270963@aol.com)

Risca Netball Club  
Nicola Young  
01633 662327  
[nicola.young10@ntlworld.com](mailto:nicola.young10@ntlworld.com)

Markham Starlets  
Jane McCann  
07966555875  
[jane@janedoyle5.orangehome.co.uk](mailto:jane@janedoyle5.orangehome.co.uk)

Newbridge Tab Life Girls  
Bethany Smith  
07943868243  
[betzy4@hotmail.com](mailto:betzy4@hotmail.com)

Trecelyn/Newbridge Netball Club  
Sarah Llewellyn  
01633 865819  
[sarahjaneprobert@hotmail.com](mailto:sarahjaneprobert@hotmail.com)

Risca Youth  
Carolyn Matthews  
01633 668632/07967132005

## **Rugby**

Abercarn RFC  
[mail@chets2.orangehome.co.uk](mailto:mail@chets2.orangehome.co.uk)

Bargoed RFC  
[rrobbutch@gmail.com](mailto:rrobbutch@gmail.com)

Bedwas RFC  
[davecousins@bedwasrfc.co.uk](mailto:davecousins@bedwasrfc.co.uk)

Blackwood RFC  
[blackwoodrfc@btconnect.com](mailto:blackwoodrfc@btconnect.com)

Blackwood Stars RFC  
[richardwebley@hotmail.co.uk](mailto:richardwebley@hotmail.co.uk)

Caerphilly RFC  
[clubhouse@caerphillyrfc.com](mailto:clubhouse@caerphillyrfc.com)

Crosskeys RFC  
[cclarke091@aol.com](mailto:cclarke091@aol.com)  
[crosskeysrfc@btinternet.com](mailto:crosskeysrfc@btinternet.com)

Crumlin RFC  
[robertwhitlock@talktalk.net](mailto:robertwhitlock@talktalk.net)

Deri RFC  
[lizbarrett81@hotmail.co.uk](mailto:lizbarrett81@hotmail.co.uk)  
[members@derirfc.co.uk](mailto:members@derirfc.co.uk)

Fleur De Lys RFC  
[allanevans1953@btinternet.com](mailto:allanevans1953@btinternet.com)

Nelson RFC  
[christopher.bax@philips.com](mailto:christopher.bax@philips.com)

Newbridge RFC  
[Cheryl154@hotmail.com](mailto:Cheryl154@hotmail.com)

New Tredegar RFC  
[mulldoon1948@hotmail.com](mailto:mulldoon1948@hotmail.com)  
[ntrfcmull@hotmail.co.uk](mailto:ntrfcmull@hotmail.co.uk)

Oakdale RFC  
[caf1231@hotmail.co.uk](mailto:caf1231@hotmail.co.uk)

Penallta RFC  
[i\\_w\\_jones@hotmail.co.uk](mailto:i_w_jones@hotmail.co.uk)

Pontllanfraith RFC  
[tizzywizzy@ntlworld.com](mailto:tizzywizzy@ntlworld.com)

Rhymney RFC

[dalezdzieblo@hotmail.com](mailto:dalezdzieblo@hotmail.com)

Risca RFC

[c.wilks1@sky.com](mailto:c.wilks1@sky.com)

Sengenydd RFC

[vpitten@yahoo.co.uk](mailto:vpitten@yahoo.co.uk)

Trinant RFC

[mwd.sec1@gmail.com](mailto:mwd.sec1@gmail.com)

Ynysddu RFC

[shaun.rendall@btinternet.com](mailto:shaun.rendall@btinternet.com)

Aberbargoed RFC

[jve@hotmail.co.uk](mailto:jve@hotmail.co.uk)

Aberbeeg RFC

[patriciapoore5@aol.com](mailto:patriciapoore5@aol.com)

Abertysswg RFC

[bell5af@btinternet.com](mailto:bell5af@btinternet.com)

Cefn Fforest RFC

[ziliem@supanet.com](mailto:ziliem@supanet.com)

Cwmcarn RFC

[kbbartlett@postmaster.co.uk](mailto:kbbartlett@postmaster.co.uk)

Hafodyrnys RFC

[amytaylor91@btinternet.com](mailto:amytaylor91@btinternet.com)

Markham RFC

[ianroderick@btinternet.com](mailto:ianroderick@btinternet.com)

Newbridge United RFC

[dafydd.lloyd@britishgas.co.uk](mailto:dafydd.lloyd@britishgas.co.uk)

## **Tennis**

Caerphilly Tennis Club

07891 640642

[jonathonmorgan@caerphillytennis.co.uk](mailto:jonathonmorgan@caerphillytennis.co.uk)

[marklewis@caerphillytennis.co.uk](mailto:marklewis@caerphillytennis.co.uk)

Gilfach Fargoed Tennis

[jwhelan@acfwailes.co.uk](mailto:jwhelan@acfwailes.co.uk)

Pontymister Tennis Sessions

[joy.scarfi@ntlworld.com](mailto:joy.scarfi@ntlworld.com)

Blackwood Tennis Sessions  
[joy.scarfi@ntlworld.com](mailto:joy.scarfi@ntlworld.com)

## **Badminton**

PD Badminton Club  
Sue Noake Leisure Centre  
01443 812922  
[annmurphyterry@yahoo.co.uk](mailto:annmurphyterry@yahoo.co.uk)

Caerphilly Badminton Club  
07791987934  
[cjbc@hotmail.co.uk](mailto:cjbc@hotmail.co.uk)